Home Care Instructions for
Implant Supported Crowns and Bridges

Your implant supported restoration requires the same diligent oral hygiene care as do your natural teeth. Floss gently (or use another interdental cleaner such as a Proxabrush) around the implant and your natural teeth once a day to help remove plaque and debris from the areas that your toothbrush cannot reach. Clean around the front, sides and between each tooth. If you have trouble holding floss, a special floss holder can help you reach and clean around the implants. For cleaning under fixed bridgework, floss threaders and Water Pics are useful.

Interproximal brushes (such as the Proxabrush) are small dental brushes designed to clean the nooks and crannies around teeth, gums and the implant. They are especially useful for cleaning under bridges or splinted crowns. These brushes are an additional aid and can be found at most drugstores. However there are not a replacement for dental floss.